

THINK BIG TO GROW BIG

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A priest was passing through a village and suddenly he saw a gathering of man having stone pieces in their hand surrounding an aged lady. On enquiry, the priest came to know that the lady has committed a mistake and the people are there to punish her by throwing stones till her death.

The priest thought for a while and asked the crowd, "The lady has committed a mistake and she deserves death but the first stone will be thrown by the person who has never committed a mistake."

The crowd was stubbed for a minute but suddenly the flood of stone was there on the lady making her to fall on the ground.

Every person in the crowd thought that it is the only chance to prove themselves pious to the priest and no one wanted to leave the chance.

First time when I read this story, immediately a thought came to my mind why did the priest tried to test his judicial skill in such a critical situation. Although the original story has been lengthened for you but the factual position is intact. The gathering which was listening to the priest took it granted to prove themselves pious in front of the god angel. What made them to act in such a way? The answer is very simple and that was their “fear”. Why were they fearful? They were fearful thinking that if they will not throw stone on the lady they will be taken as disgraceful person by the priest. All these happened to everyone who ever was there to prove themselves correct and right. In the crowd there must be so many people who may be thinking not to be the odd man out. It is the actual cause of fear.

Fear is the result to prove ourselves right in front of others. We always try to picturaise ourselves better than others exhibiting our weakness than anything else. It is just repeating the story of Akabar and Birbal.

Akabar the great was the famous Mughal Emperor in India. He himself was not much literate. He did not get time to study due to compulsion of fighting battles in very early ages and as his father was forced by Sher Shah Suri to move out of India deserting his throne at Delhi. But Akabar loved to have scholars around him. He was having nine top scholars of their time in his court. Birbal was one of them. Akabar loved Birbal as he was very prompt in his reply to any query raised by Akabar and his answers used to be pointed and convincing. This made other scholars have an envoy with Birbal as it is a normal habit of scholars. One day Akabar, in order to test the intelligence of his scholars draw a line on earth and asked everyone to make the line smaller without making any change in the line. Every one failed except Birbal. Birbal did not do anything but drew another bigger line by the side of the line drawn by Akabar.

It was a puzzle but our life is a reality and not a puzzle. In order to grow bigger than other to whom you are comparing is not a right choice of leading a happy life. You have to compare yourself with yourself only and that is not possible without a planned way of achieving your goal after combating your fear of failure. You are the fittest person on the earth who will be able to achieve whatever you desire with a condition of acting in the direction immediately without loosing your patience, putting your commitment to the fixed goal and combating the fear coming in your ways.

We are born free and so is our thinking. We have control on our thinking. The factors which play crucial role in putting our thinking to action are our will power. It navigates us towards our goal with firm belief and action. Fear is the enemy to this productive thinking. As soon as any idea to make you successful strike, at once fear starts acting as a repulsive force making you to ponder whether you are going to be successful or not. It is correct that before you start any work you must analyze each and every factor and find out the ways to nullify so that they turn to be the positive factor for you. The biggest negative force is your fear which always acts in the direction to make you unsuccessful. You must analyze it in minutest details so that it does not get any chance to strike you any time and mainly when you are planning something to achieve. Achievement is a learnt motive and it is induced with thinking minus fear. It is very easy to tell that you are

a fearless person but it is really difficult to act fearless. Fear is not an object which can be exhibited. It is your state of mind which either makes you fearful or fearless and it is only reflected through your day to day action. You have a direct control on your actions but you don't have a direct control on your state of fear.

The psychology of fear is very difficult to analyze. A situation which gives you pleasure today may make you fearful just after an hour with the same intensity. Why this happens? It is only due to the way we perceive the situation. Any thing which effect is unknown to us is certainly going to create a fear but actual fear depends on the intensity of the effect of the unknown act or situation. If we are more concerned with the situation, the intensity will be higher and if less than the intensity will be lower. Suppose you are in a hospital to see a relative of your friend to be operated for and the chances of survival and death is fifty fifty. The intensity of fear on your friend as well as on you will be different. To your friend the intensity will be highest as the action is directly related to him and to you it will be less as the action is not directly related to you.

The intensity of any fear can be minimized with our thinking only but for this we have to increase our horizon of thinking. We have to presume that the damage of a particular situation, which is casting fear on us, will be in a range of tolerance and suddenly you will find that the fear factor has vanished. Only of a thinking of making ready to face the situation makes the all difference and we must learn this tactics to lead a happy and fearless life for a productive contribution to the society. Suddenly no one will be able to turn him accordingly but with regular practice and changing the mind set, it is possible. As you progress with reading of the book, you will be able to realize that the most of the situations which were troubling you time and again and was creating a sense of fear has lost its intensity and you are relaxed. You have to clearly remember that no one in this will be able to achieve anything irrespective of his worth and competence without loosing this world psychology of fear. Most of the failures in life are the true victim of fear with all their capabilities and foresight. Fear is the main enemy to success which you have to combat first of all before you start your journey towards success.